

May 2022

SPRINGFIELD BASKETBALL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9 A-Day	10 B-Day	11 A-Day	12 B-Day	13 C-Day	14
15 OFF	16 A-Day Graduation	17 B-Day GIRLS BASKETBALL TRY-OUTS 3-5 @ HS	18 A-Day Final 5 th & 7 th Girls Practice during 7 th hour-	19 B-Day Finals 6 th & 8 th FOOTBALL SPRING GAME	20 A-Day BOYS BASKETBALL TRY-OUTS 3-5 @HS	21 OFF
22 OFF	23 TBA	24 TBA	25 TBA	26 Girls Workouts 8:15-9:45 @ E Boys Workouts 9:45-11:15@ E	27 Girls Workouts 8:15-9:45 @ E Boys Workouts 9:45-11:15@ E	28 OFF
29 OFF	30 Memorial Day OFF	31 Boys summer League @ Lakeshore TBA	1 Girls Workouts 8:15-9:45 @ E Boys Workouts 9:45-11:15@ E	2 Girls Summer League @ Ponchatoula TBA	3 Girls Workouts 8:15-9:45 @ E Boys Workouts 9:45-11:15@ E	4 OFF

I know some people will be on Vacation but **key practice dates for summer league May 26,27 June 1& 3-try to be there so we can do some team stuff for summer league**

June 2022

SPRINGFIELD BASKETBALL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 OFF	30 Girls Workouts 8:15-9:45 @ E Boys Workouts 9:45-11:15@ E	31 Boys summer League @ Lakeshore 2-games TBA	1 School Physicals @ SHS 1-3pm Girls Workouts 8:15-9:45 @ E Boys Workouts 9:45-11:15@ E	2 Girls Summer League @ Ponchatoula TBA	3 Girls Workouts 8:15-9:45 @ E Boys Workouts 9:45-11:15@ E	4 OFF
5 OFF	6 Girls Workouts 8:15-9:45 @ E Boys Workouts 9:45-11:15@ E	7 Boys summer League @ Lakeshore 2-games TBA Girls Summer League @ Ponchatoula TBA	8 Girls Workouts 8:15-9:45 @ E Boys Workouts 9:45-11:15@ E	9 Girls Summer League @ Ponchatoula TBA	10 Girls Workouts 8:15-9:45 @ E Boys Workouts 9:45-11:15@ E	11 OFF
12 OFF	13 Girls Workouts 8:15-9:45 @ E Boys Workouts 9:45-11:15@ E	14 Boys summer League @ Lakeshore 2-games TBA Girls Summer League @ Ponchatoula TBA	15 Girls Workouts 8:15-9:45 @ E Boys Workouts 9:45-11:15@ E	16 Girls Summer League @ Ponchatoula TBA	17 Girls Workouts 8:15-9:45 @ E Boys Workouts 9:45-11:15@ E	18 OFF
19 OFF	20 8:15-9 drills 9-10:20 -Class \$ speed agilities 10:20-11:15 drills	21 Boys summer League @ Lakeshore 2-games TBA Girls Summer League @ Ponchatoula TBA	22 8:15-9 drills 9-10:20 -Class \$ speed agilities 10:20-11:15 drills	23 Girls Summer League @ Ponchatoula TBA	24 GIRLS TEAM CAMP @ SLU TBA 9-10:20 -Class \$ speed agilities	25 OFF
26 OFF	27 8:15-9 drills 9-10:20 -Class \$ speed agilities 10:20-11:15 drills	28 Boys summer League @ Lakeshore 2-games TBA Girls Summer League @ Ponchatoula TBA	29 8:15-9 drills 9-10:20 -Class \$ speed agilities 10:20-11:15 drills	30 Girls Summer League @ Ponchatoula TBA	1 8:15-9 drills 9-10:20 -Class \$ speed agilities 10:20-11:15 drills	2 OFF

***YOU NEED TO GO TO FREE PHYSICALS JUNE 1 -1-3pm @ Springfield!!**

July 2022

SPRINGFIELD BASKETBALL

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
26	OFF	27	8:15-9 drills 9-10:20 -Class \$ speed agilities 10:20-11:15 drills	28	Boys summer League @ Lakeshore 2-games TBA Girls Summer League @ Ponchatoula TBA	29	8:15-9 drills 9-10:20 -Class \$ speed agilities 10:20-11:15 drills	30	Girls Summer League @ Ponchatoula TBA	1	8:15-9 drills 9-10:20 -Class \$ speed agilities 10:20-11:15 drills	2	OFF
3	OFF	4	Independence Day OFF- LHSAA Dead period- No wghts or gym use	5	OFF- LHSAA Dead period- No wghts or gym use	6	OFF- LHSAA Dead period- No wghts or gym use	7	OFF- LHSAA Dead period- No wghts or gym use	8	OFF- LHSAA Dead period- No wghts or gym use	9	OFF
10	OFF	11	8:15-9 drills 9-10:20 -Class \$ speed agilities 10:20-11:15 drills	12	OFF	13	8:15-9 drills 9-10:20 -Class \$ speed agilities 10:20-11:15 drills	14	OFF	15	8:15-9 drills 9-10:20 -Class \$ speed agilities 10:20-11:15 drills	16	OFF
17	OFF	18	8:15-9 drills 9-10:20 -Class \$ speed agilities 10:20-11:15 drills	19	OFF	20	8:15-9 drills 9-10:20 -Class \$ speed agilities 10:20-11:15 drills	21	OFF	22	8:15-9 drills 9-10:20 -Class \$ speed agilities 10:20-11:15 drills	23	OFF
24	OFF	25	9-10:20 -Class \$ speed agilities	26	OFF	27	9-10:20 -Class \$ speed agilities	28	OFF	29	9-10:20 -Class \$ speed agilities	30	OFF
31	OFF	1	9-10:20 -Class \$ speed agilities	2	OFF	3	9-10:20 -Class \$ speed agilities	4	OFF	5	9-10:20 -Class \$ speed agilities	6	OFF