

SHS November 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3 C-Day Workouts Everyone after school 2:30-4	4 A-Day Boys after school 2:30-4	5 B-Day Boys PE Girls after school 2:30-4 Girls @ FS scrimmage	6 A-Day Boys after school 2:30-4 Girls wghts 2:30-3:30	7 B-Day Boys PE Girls after school 2:30-4 Boys wghts 2:30-3:30	8
9	10 C-Day Workouts Everyone after school 2:30-4	11 A-Day Girls PE Boys after school 2:30-4	12 B-Day Boys PE Girls after school 2:30-4 Boys wghts 2:30-3:30	13 A-Day Girls PE Boys after school 2:30-4 Girls Jamboree@ Hammond	14 B-Day Boys PE Girls after school 2:30-4	15
16	17 C-Day game@West Feliciano VG 5:30, VB 7	18 A-Day Girls PE Boys after school 2:30-4	19 B-Day Boys PE Girls after school 2:30-4 JVB,VB,VG Games @ Home	20 A-Day Girls PE Boys after school 2:30-4 Girls wghts 2:30-3:30	21 B-Day Boys PE Girls after school 2:30-4 GBB Away @Prairieville Boys wghts 2:30-3:30	22 GBB Away @Prairieville
23	No School 24 VB @ Doyle tourney morning VG @ Fontainebleau- night	No School 25 VB @ Doyle tourney morning VG @ Fontainebleau- night	26 OFF No School	27 OFF THANKSGIVING No School	28 No School OFF	29 Practice everyone- Boys & Girls 8:00-10:30 Wghts start 8
30	1	2	3	4	5	6

December 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1 C-Day Workouts Everyone after school 2:30-4	2 A-Day Girls PE Boys after school 2:30-4	3 B-Day Boys PE JVB & VB @NLC tourney Girls wghts 2:30-3:30	4 A-Day Girls PE Boys after school 2:30-4	5 B-Day VB-only @ NLC tourney	6
7	8 C-Day Workouts Everyone after school 2:30-4 LP-TOURNEY @ LO tba ALL WEEK	9 A-Day Girls PE Boys after school 2:30-4 LP-TOURNEY	10 B-Day Boys PE Girls after school 2:30-4 LP-TOURNEY	11 A-Day Girls PE Boys after school 2:30-4 LP-TOURNEY	12 B-Day Boys PE Girls after school 2:30-4 LP-TOURNEY	13 LP-TOURNEY
14	15 A-Day Workouts Everyone after school 2:30-4	16 A-Day- girls PE Home vs Varnado VG & VB only TBA	17 B-Day Boys PE Girls after school 2:30-4 Boys wghts 2:30-3:30	18 Make up day Boys & girls Practice TBA	19 ½ day make up Home vs FS JVB-5, VG-6,VB- 7:30 Practice TBA	20 Off
21	22 No school not mandatory everyone wghts-9- 10 workout 10- 11:30	23 No School OFF	24 No School OFF	25 CHRISTMAS OFF	26 No School OFF	27 not mandatory- everyone Wghts-9- 10am workout 10- 11:30am
28	29 No School practice VG-8:30-10am VB 10-11:30am	30 No School practice VG-8:30-10 VB 10-11:30	31 No School practice VG-8:30-10 VB 10-11:30	1 No School VG & VB only @FS tourney game TBA	2 No School VG & VB only @FS tourney game TBA	3 VG & VB only @FS tourney game TBA

January 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1 NEW YEARS DAY No School VG & VB only @FS tourney game TBA	2 No School VG & VB only @FS tourney game TBA	3 VG & VB only @FS tourney game TBA
4	5 Teacher work day No School Girls wwgths 12-1 Girls 1:00-2:30 Boys wghts 1-2 Boys-2:30-4	6 Teacher work day No School Boys 1:00-2:30 Girls --2:30-4	7 C-Day PE only Home vs Loranger VG-5, VB-6:30	8 A-Day Girls PE Boys after school 2:30-4	9 B-Day Boys PE Girls after school 2:30-4 Home vswhite castle VG-5, VB-6:30	10
11	12 C-Day Workouts Everyone after school 2:30-4	13 A-Day Girls PE VG & VB @ Varnado	14 B-Day Boys PE Home vs Kentwood VG-6, VB-7:30	15 A-Day Girls PE Boys after school 2:30-4	16 B-Day Boys PE @ Central Priv JVB-5, VG-6, VB- 7:15	17
18	19 M L King Day No School Girls 8-10:30 Boys-9-12	20 A-Day Girls PE Home vs JVB-5, VB-6:00 VG-7:30	21 B-Day Boys PE Girls after school 2:30-4	22 A-Day Girls PE @ Maurepas VG-5:30, VB-7	23 B-Day Boys PE Home vs Bogalusa VG-5:30, VB-7	24
25	26 C-Day Workouts Everyone after school 2:30-4	27 A-Day Girls PE @ Amite JV-5, VG-6, VB- 7:15	28 B-Day Boys PE Girls after school 2:30-4 Boys wghts 2:30-3:30	29 A-Day Girls PE Boys after school 2:30-4 girls wghts 2:30-3:30	30 B-Day Boys PE @ Sumner JVB-5, VG-6,VB 7:15	31

February 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 C-Day Home vs Holden JVB-5, VG-6, VB- 7:15	3 A-Day Girls PE Home vs Covington JVB-5, VG-6, VB 7:15	4 No School Teacher work Day PRACTICE WGHTS tba	5 A-Day Girls PE Boys after school 2:30-4	6 B-Day Boys PE @ Doyle JVB-5, VG-6, VB 7:15	7
8	9 C-Day Workouts Everyone after school 2:30-4	10 A Day Girls PE Pine JVB-5, VG-6, VB 7:15	11 B-Day Boys PE Girls after school 2:30-4	12 A-Day Girls PE Albany JVB-5, VG-6, VB 7:15	13 B-Day Boys PE Girls after school 2:30-4	14 Girls regular season ends
15	16 Mardis gras break PRACTICE TBA	17 Mardis gras break PRACTICE TBA	18 Mardis gras break PRACTICE TBA	19 A-Day Girls PE GIRLS -Playoffs Boys after school 2:30-4	20 B-Day Boys PE Girls after school 2:30-4	21 Boys regular season ends
22	23 C-Day Workouts Everyone after school 2:30-4	24 A-Day Girls PE Boys after school 2:30-4	25 B-Day Boys PE Girls after school 2:30-4	26 A-Day Girls PE Boys after school 2:30-4	27 B-Day Boys PE BOYS-Play-off	28